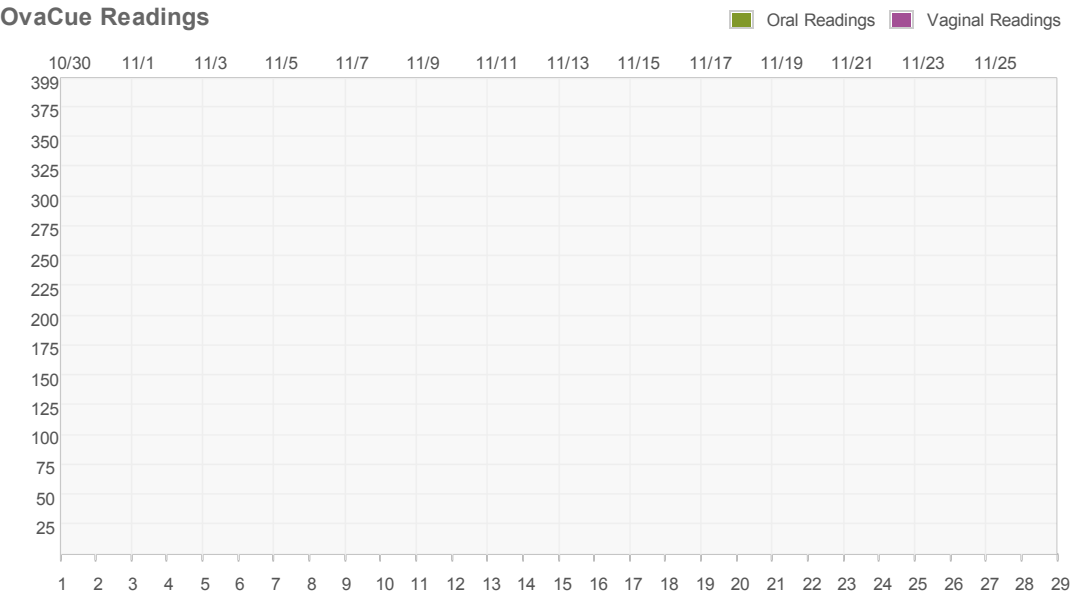
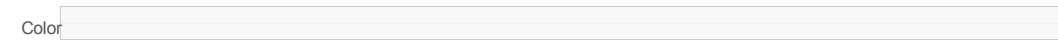


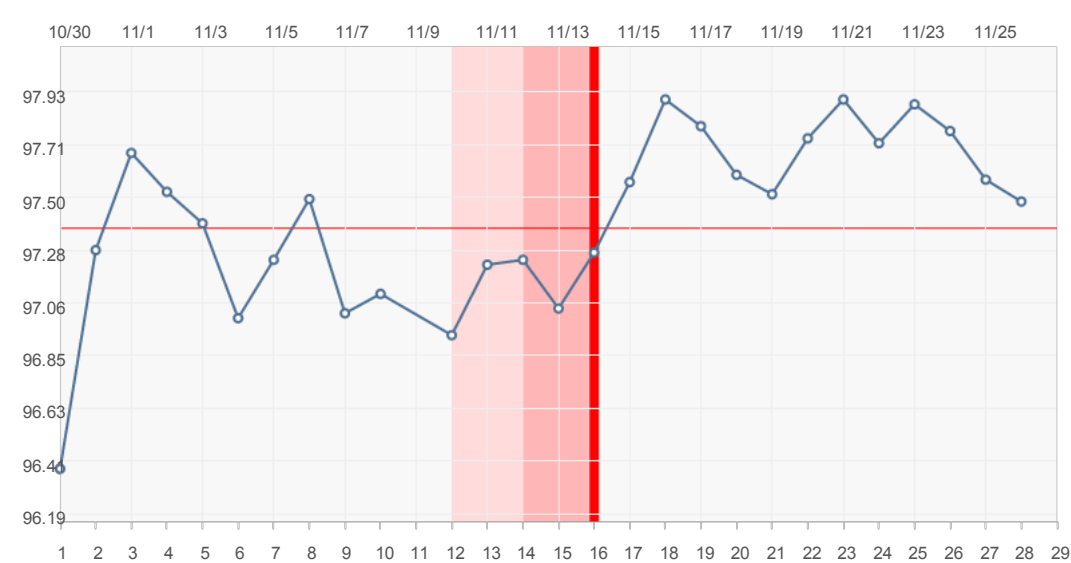
OvaCue Readings



Color



Basal Body Temperature



Intercourse



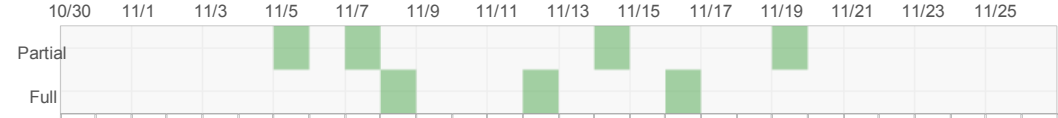
Notes

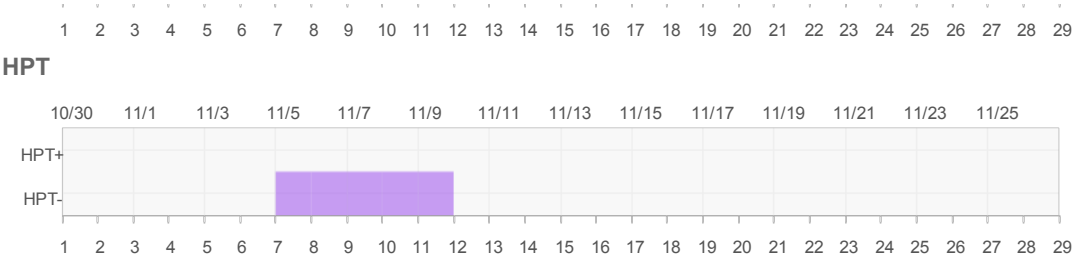


OPK



Ferning Test

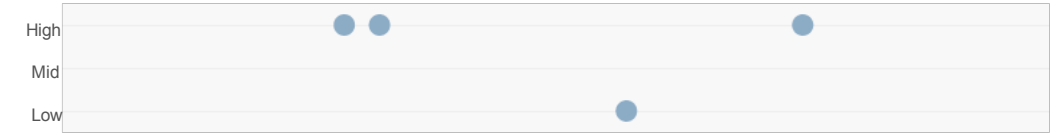




Cervical Mucus



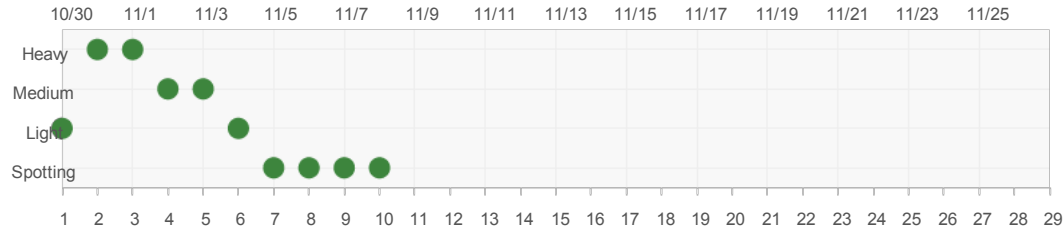
Cervical Position



Cervical Firmness



Menstruation



Medications



Cycle Data

Cycle Number	Cycle Dates	Cycle Length	Average Cycle Length	"My" Revised Ovulation Day	All Cycles Average	Cycle Days	Ovulation Day (per BBT)	BBT Coverline
3	Oct 30 2013 to Nov 26 2013	28	—	—	This cycle is used to compute the All Cycles Average.	28	16	97.37° F

Cycle Day	Date	Oral	Vaginal	Color Code	Temp	Frequent Urination	Breast Tenderness	Cervical Firmness	Cervical Mucus	Cervical Position	Intercourse
1	Oct 30 2013	—	—	—	96.38° F	—	—	—	—	—	—
2	Oct 31 2013	—	—	—	97.28° F	—	—	—	—	—	—
3	Nov 1 2013	—	—	—	97.68° F	—	—	—	—	—	—
4	Nov 2 2013	—	—	—	97.52° F	—	—	—	—	—	—
5	Nov 3 2013	—	—	—	97.39° F	—	—	—	—	—	—
6	Nov 4 2013	—	—	—	97.00° F	—	—	—	—	—	—
7	Nov 5 2013	—	—	—	97.24° F	—	—	—	—	—	No
8	Nov 6 2013	—	—	—	97.49° F	—	—	—	Watery	—	No
9	Nov 7 2013	—	—	—	97.02° F	No	No	Firm	Creamy	High	No
10	Nov 8 2013	—	—	—	97.10° F	—	—	Medium	Creamy	High	No
11	Nov 9 2013	—	—	—	—	—	—	—	Sticky	—	Yes
12	Nov 10 2013	—	—	—	96.93° F	—	—	—	—	—	—
13	Nov 11 2013	—	—	—	97.22° F	—	—	—	Creamy	—	—

14	Nov 12 2013	–	–	–	97.24° F	–	–	–	Egg White (stretchy and clear)	–	No
15	Nov 13 2013	–	–	–	97.04° F	–	–	–	Egg White (stretchy and clear)	–	–
16	Nov 14 2013	–	–	–	97.27° F	–	–	–	Creamy	–	No
17	Nov 15 2013	–	–	–	97.56° F	–	–	–	Creamy	Low	–
18	Nov 16 2013	–	–	–	97.90° F	–	–	–	–	–	No
19	Nov 17 2013	–	–	–	97.79° F	–	–	–	–	–	–
20	Nov 18 2013	–	–	–	97.59° F	–	–	–	–	–	–

21	Nov 19 2013	-	-	-	97.51° F	-	-	-	Creamy	-	-
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22	Nov 20 2013	-	-	-	97.74° F	-	-	-	Creamy	High	-
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23	Nov 21 2013	-	-	-	97.90° F	-	-	-	Creamy	-	-
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24	Nov 22 2013	-	-	-	97.72° F	-	-	-	Creamy	-	-
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25	Nov 23 2013	-	-	-	97.88° F	-	-	-	Creamy	-	-
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26	Nov 24 2013	-	-	-	97.77° F	-	-	-	Creamy	-	-
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27	Nov 25 2013	-	-	-	97.57° F	-	-	-	Creamy	-	-
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28	Nov 26 2013	-	-	-	97.48° F	-	-	-	Creamy	-	-
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